

The 2026 Un-Dead Your Life Calendar



→ 365 DAYS OF
UNBRIDLED ALIVENESS!

four
thousand
mondays

01 JAN

LIFE IS SHORT CALENDAR



National
Trivia Day

11

Learn Your Name in Morse Code Day

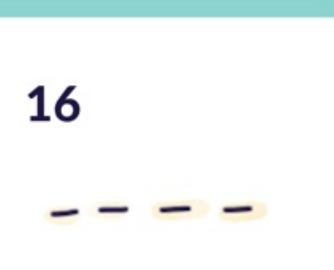
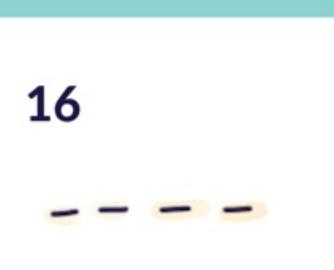
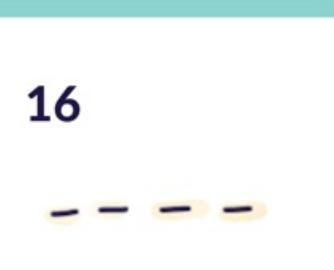
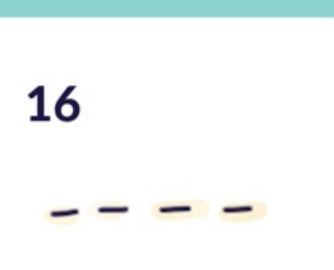
Learn Your Name in Morse Code Day

18

25
National Irish
Coffee Day

National Fish Taco
Day

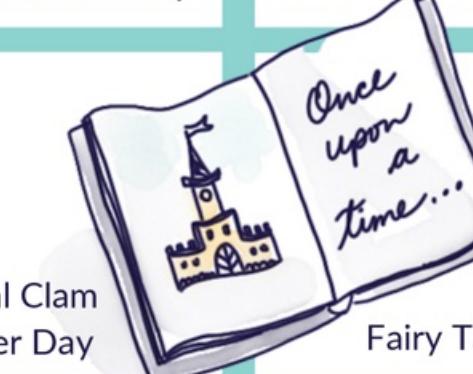
four
thousand
mondays

S	M	T	W	T	F	S
 National Trivia Day	5 National Bird Day National Thank God It's Monday Day	6 National Cuddle Up Day	 May we all get to the end of 2026 a) alive (phew), b) full of memories, and c) ready for even more life.	 Polar Plunge	 Science Fiction Day	 Festival of Sleep
 Your Name in Code Day	12 National Curried Chicken Day	13 Make Your Dreams Come True Day	 National Organize Your Home Day	 Bubble Bath Day	 World Nerd Day	 National Houseplant Appreciation Day
 National Popcorn Day	 National Cheese Lover's Day		 National Squirrel Appreciation Day	 Strawberry Ice Cream Day	 Nothing Day	 National Ditch New Year's Resolutions Day
 National Chocolate Cake Day	26 National Green Juice Day Bubblewrap Appreciation Day	27 National Irish Tea Day National Fish Taco	 National Lego Day	 National Puzzle Day	 Handwriting Day	 National Compliment Day
			 National Croissant Day	 National Hot Chocolate Day	 National Baking Day	 National Hot Chocolate Day

02

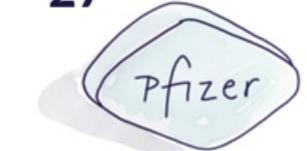
FEB

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
	Ah—the month of love. How much do you love (or even like) your life? Try one new thing to fall in love with your life again.					
1	National Get Up Day 	2 Groundhog Day National Tater Tot Day 	3 National Carrot Cake Day 	4 National Thank a Mail Carrier Day Stuffed Mushroom Day 	5 Chocolate Fondue Day Work Naked Day Chopsticks Day 	7 Send a Card to a Friend Day Ice Cream For Breakfast Day 
9 Laugh & Get Rich Day 	10 Clean Out Your Computer Day 	11 Teddy Day 	12 Promise Day National Inventor's Day 	13 National Cheddar Day 	14 Valentine's Day 	
15 Singles Awareness Day 	16 National Almond Day 	17 Random Act of Kindness Day 	18 National Drink Wine Day 	19 International Tug of War Day Chocolate Mint Day 	20 National Love Your Pet Day 	21 National Sticky Bun Day 
22 Single Tasking Day 	23 National Banana Bread Day 	24 Tortilla Chip Day 	25 National Clam Chowder Day 	26 Tell a Fairy Tale Day 	27 National Kahlua Day 	28 National Pancake Day National Floral Design Day 

03 MAR

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
	2 National Banana Cream Pie Day National Old Stuff Day Plan a Solo Vacation Day	3 smile I Want You To Be Happy Day	4 TAKE ACTION! March Forth and Do Something Day	5 National Cheese Doodle Day	 6 National Oreo Cookie Day	 7 National Cereal Day National Day of Unplugging
8 International Women's Day Daylight Savings Time Starts 	10 National Napping Day	11 National Park Your Lunch Day	12  National Plant a Flower Day	13  National Good Samaritan Day	14 Pi Day National Learn About Butterflies Day	
15 True Confessions Day 	16 Everything You Do Is Right Day	17  St. Patrick's Day	18 Awkward Moments Day Sloppy Joe Day	19  National Let's Laugh Day	20 World Storytelling Day 1st Day of Spring	21 Common Courtesy Day 
22 International Goof Off Day	23 National Tamale Day 	24 Chocolate Covered Raisin Day 	25 Eat a Waffle Day 	26 Make Up Your Own Holiday Day 	27  Viagra Day	28 Something on a Stick Day 
29 National Mom and Pop Business Owners Day	30 Take a Walk in the Park Day 	31 Dance Marathon Day	Yeah, we lose an hour but we get a whole new season for a fresh start. Where do you need a spring cleaning in your life?			

04

APR

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
			1 International Fun at Work Day April Fool's Day	2 National Peanut Butter and Jelly Day National Burrito Day	3	4 International Pillow Fight Day International Carrot Day
5 National Deep Dish Pizza Day	6	7 International Beaver Day World Health Day	8 International Feng Shui Awareness Day	9 National Name Yourself Day 100 Days into 2026	10	11 Record Store Day
12 National Grilled Cheese Day	13	14 National Gardening Day National Dolphin Day	15	16 Wear Pajamas to Work Day Haiku Poetry Day	17	18 National Animal Crackers Day Velociraptor Awareness Day
18	19 National Pineapple Upside-down Cake Day	20 International Creativity and Innovation Day	21	22 Love Your Thighs Day World Book Day	23	24 National Pigs-in-a-Blanket Day World Penguin Day
25	26 National Tell a Story Day	27 National Superhero Day	28	29 International Dance Day National Shrimp Scampi Day	30 Honesty Day	31

05

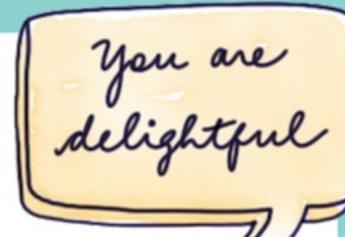
MAY

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
3 National Paranormal Day	4 International Respect for Chickens Day	5 Cinco de Mayo	6 National Beverage + Sauvignon Blanc Day	7 National Roast Leg of Lamb Day Cosmopolitan Day	8 National Give Someone a Cupcake Day	1 Global Love Day National Chocolate Parfait Day
11 National Eat What You Want Day	12 National Limerick Day	13 National Apple Pie Day	14 Dance Like a Chicken Day Chocolate Chip Day	15 National Pizza Party Day	16 National Love a Tree Day	9 National Mini-Golf Day
17 World Baking Day	18 International Museum Day	19 National Roadie Day Plan Something Day	20 National Be a Millionaire Day	21 Buy a Musical Instrument Day	22 International Tea Day	23 World Turtle Day
24 Scavenger Hunt Day	25 National Wine Day Memorial Day (US)	26 National Paper Airplane Day	27 National Grape Popsicle Day	28 Hamburger Day	29 International Coq Au Vin Day	30/31 30: National Creativity Day

06 JUN

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
	<p></p> <p>Say Something Nice Day</p>	<p>2</p> <p>National Leave the Office Early Day</p>	<p>3</p> <p>World Bicycle Day</p>	 <p>Hug Your Cat Day</p>	 <p>National Doughnut Day</p>	 <p>National Bubbly Day</p>
<p>7</p> <p>National Chocolate Ice Cream Day</p> <p>National VCR Day</p>	<p>8 </p> <p>Best Friends Day</p>	<p>9 </p> <p>National Call Your Doctor Day</p>	<p>10</p> <p>National Egg Roll Day</p>	<p>11</p> <p>National Corn on the Cob Day</p>	<p>12 </p> <p>Red Rose Day</p>	<p>13</p> <p>National Kitchen Klutzes of America Day</p>
<p>14 </p> <p>Bourbon Day</p>	<p>15 </p> <p>Nature Photography Day</p>	<p>16 </p> <p>National Fudge Day</p>	<p>17 </p> <p>National Eat Your Veggies Day</p>	 <p>International Picnic Day</p>	<p>18 </p> <p>Juneteenth</p>	<p>19 </p> <p>National Martini Day</p>
<p>21</p> <p>Father's Day</p> <p>Go Skateboarding Day</p>	<p>22 </p> <p>National Onion Ring Day</p>	<p>23 </p> <p>Hydration Day</p>	<p>24</p> <p>National Day of Joy</p> <p>Swim a Lap Day</p>	<p>25 </p> <p>Please Take My Children to Work Day</p>	<p>26 </p> <p>Chocolate Pudding Day</p>	<p>27</p> <p>Bartender + Mixologists Day</p> <p>Global Smurfs Day</p>
<p>28 </p> <p>INTERNATIONAL CAPS LOCK DAY</p>	<p>29 </p> <p>National Camera Day</p>	<p>30 </p> <p>Meteor Watch Day</p>	<p>Welcome to your summer of 2026! There will never be another one like this in your life. How do you want these months to be?</p>			

08 AUG

LIFE IS SHORT CALENDAR



09 SEPT

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
		1 World Letter Writing Day	2 National Grits for Breakfast Day	3 National Baby Back Ribs Day National Swap Ideas Day	4 Eat an Extra Dessert Day	5 National Cheese Pizza Day
6 Fight Procrastination Day Read a Book Day	7 National Salami Day	8 National Ampersand Day National Live Creative Day	9 National Teddy Bear Day	10 National Swap Ideas Day	11 "I Want to Start My Own Business" Day	12 National Encouragement Day
13 Positive Thinking Day	14 National Online Learning Day	15 National Guacamole Day	16 National Monte Cristo Day Pet Bird Day	17 National Monte Cristo Day Pet Bird Day	18 Red Velvet Cake Day	19 National CleanUp Day National Talk Like a Pirate Day
20 National Fried Rice Day Queso Day	21 World Gratitude Day	22 Last 100 Days of 2026 1st Day of Fall	23 National Snack Stick Day	24 National Brave Day	25 National Cooking Day World Dream Day	26 National Love Note Day
27 National Ghost Hunting Day	28 National Family Day	29 World Heart Day	30 National Love People Day	It's the start of a new season—another chance to start anew. What inspires you to add more vitality into your life this fall?		

10 OCT

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
4 World Animal Day National Taco Day	5 National Do Something Nice Day MORE IS BETTER National Plus Size Appreciation Day Fruit at Work Day	7 Random Acts of Poetry Day	1 International Coffee Day COFFEE = LIFE SUGAR	2 World Smile Day		3 International Frugal Fun Day
11 It's My Party Day	12 International Moment of Frustration Scream Day 13 SIT! ROLL OVER! National Train Your Brain Day	14 National Dessert Day	8 National Fluffernutter Day PB fluff	9 National Sneakers Day	10 National Cake Decorating Day	
18 National Chocolate Cupcake Day	19 Evaluate Your Life Day	20 International Sloth Day World Statistics Day	21 National Reptile Day	22 National Color Day Smart is Cool Day	16 BEST BOSS EVER Boss's Day	17 National Pasta Day
25 Sourest Day	26 National Pumpkin Day	27 National Mentoring Day	28 Plush Animal Lover's Day	29 National Cat Day	23 National Boston Cream Pie Day Bologna	31 National Bologna Day R.I.P.

11 NOV

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
1 Day of the Dead World Vegan Day	2 DIA DE LOS MUERTOS National Deviled Egg Day Cookie Monster Day	3 National Sandwich Day	4 National Candy Day	5 National Chinese Takeout Day	6 National Nachos Day	7 Hug a Bear Day
8 National Cappuccino Day	9 Go to an Art Museum Day	10 Sesame Street Day	11 National Sundae Day Origami Day	12 National Pizza with the Works Except Anchovies Day	13 World Kindness Day	14 National Pickle Day
15 National Philanthropy Day	16 National Fast Food Day	17 National Take a Hike Day	18 National Princess Day	19 National Play Monopoly Day	20 National Absurdity Day	21 World Hello Day
22 Go for a Ride Day	23 Cashew Day Eat a Cranberry Day	24 Celebrate Your Unique Talent Day Sardines Day	25 National "Eat with a Friend" Day	26 Thanksgiving (US) National Cake Day Anti- Obesity Day	27 Pie in the Face Day	28 National French Toast Day
29 Square Dancing Day	30 Personal Space Day					

12 DEC

LIFE IS SHORT CALENDAR

S	M	T	W	T	F	S
	You're rounding the bend of 2026! Still so much time to stuff in the vitality, the rest... whatever you need. End the year on a high.	1 National Eat a Red Apple Day National Fritters Day	2 YES, THIS IS A FRITTER.	3 International Day of Persons with Disabilities	Santa's List Day	PROHIBITION REPEALED
6 National Gazpacho Day	7 National Cotton Candy Day	8 National Brownie Day National Pastry Day		11 Human Rights Day	12 International Mountain Day	Gingerbread House Day
13 National Cream Cheese Frosting Day	14 International Monkey Day	15 National Wear Your Pearls Day	16 National Chocolate Covered Anything Day	17 National Maple Syrup Day	18 Ugly Christmas Sweater Day	19 National Oatmeal Muffin Day
20 International Human Solidarity Day	21 1st Day of Winter Shortest Day of the Year	22 National Cookie Exchange Day	23 Festivus For The Rest Of Us	24 Egg Nog Day	25 National "Kiss the Cook" Day	26 National Thank You Note Day
27 Visit the Zoo Day	Card Playing Day	28 Still Need to Do Day	Bacon Day	29 National Champagne Day	30 National Snowflake Day	

It's the end of the year. So now what?



Hi there! I'm Jodi Wellman.

Come hang around with me at Four Thousand Mondays, where I talk all about how the Grim Reaper can inspire us to live lives that are wider (with vitality) and deeper (with meaning). It's kind of my life purpose.

I will probably publish a calendar next year, too, unless I die between now and then—so get yourself on my mailing list if you want to receive the next one. (This will happen if you visit www.fourthousandmondays.com and subscribe to my blog. Voila!)

Feel free to reach out with questions, comments, existential concerns, or doodling ideas to jodi@fourthousandmondays.com.

And here is where I urge you to get out there and live as though you've been warned you won't live forever. Let's live like we mean it!

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