The 2024 "Un-Dead" Your Life Calendar

For people who have caught on to the idea that life is short.



-> I STUFFED A TON OF
HAND DRAWN DOODLES
IN HERE FOR YOU!







02 CENSORED! Ah—the month of love. 3 How much do you love FEB (or even like) your life? Try one new thing to fall Work Naked Day Eat in love with your life **National Freedom** Ice Cream National For Breakfast Day Day Tater Tot Day LIFE IS SHORT CALENDAR 10 4 5 6 National Thank a Mail Carrier Day Chocolate Fondue Lunar New Year Day Stuffed Mushroom National Send a Card to a Laugh & Get Rich National Pizza Day Day **Chopsticks Day** Friend Day Day 505 11 **13** _{*}.15 16 14 Clean Make a Out Friend Day Singles Random Act of Your Do a Grouch a National Superbowl Sunday **Computer Day** Awareness Day Kindness Day Favor Day Valentine's Day Cheddar Day 23 21 19 20 International **National** Tug of War Day **National Banana** Drink Wine Day National Love **National** Chocolate Mint Day Your Pet Day **Bread Day** Single Tasking Day Tortilla Chip Day Sticky Bun Day **25 27** 28 four thausand mandays **National Clam** Tell a National Floral National Chowder Day Fairy Tale Day Design Day Kahlua Day Leap Day!!!

03 MAR

LIFE IS SHORT CALENDAR

Yeah, we lose an hour but we get a whole new season for a fresh start. Where do you need a

life?

7

Plan a Solo Vacation Day

2

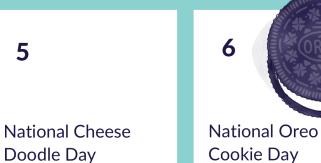
National Read Across America Day

gnile 3

I Want You To Be Happy Day



March Forth and Do Something Day



World Plant Power Day

spring cleaning in your



National Meatball Day

YES PIGHT UH-HUH 16

10

Daylight Savings Time Starts



National Plant a Flower Day

13 **National Good** Samaritan Day

Pi Day National Learn **About Butterflies**

Dumstruck Day

15

22

Everything You Do Is Right Day

St. Patrick's Day

18

Awkward **Moments Day** Sloppy Joe Day



Storytelling Day 1st Day of Spring

World

21 Common Courtesy

Day

International Goof Off Day 23

National Puppy



24

Chocolate Covered Raisin Day



Good Hair Day Make Up Your Own Holiday Day

19

National

26

Let's Laugh Day



28 Something on a Stick Day

National Mom and Pop Business **Owners Day**

LIFE IS SHORT CALENDAR



1 Laugh at Work Week

8

National

15

29

International

Dance Day

Zoo Lovers Day

World Art Day

National Glazed

Spiral Ham Day

Earth Day

7

14

Day

Week

21

28

National

Superhero Day

International

Creativity and

Innovation Day

International Beaver Day

World Health Day

National Gardening

National Volunteer

April Fool's Day

16

Wear

Pajamas

23

to Work Day

2

National Peanut

Butter and Jelly Day

100 Days into 2024

World Book Day GOOD BOOKS

Honesty Day

World Party Day

4

11

Tape Day

18

Love Your

Thighs Day

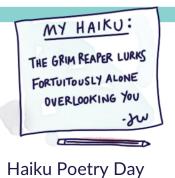
National Pet Day

National Eight Track

National

High Five Day

10 Siblings Day **National Cinnamon** Roll Day



24 Administrative **Professionals Day**

National Pigs-in-a-Blanket Day

It's the 100th day of the year on the 9th. Already! Think about your year so far: are you living like you mean it? What needs to change?

5

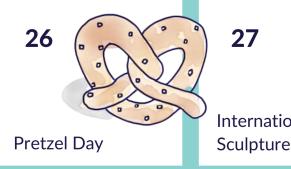
National

Caramel Day Self Care Day National Burrito Day

National Tartan Day

National **Grilled Cheese Day** Scrabble Day





International Sculpture Day

3 1 2 MAY International National Salad Day Scurvy No Pants Day Awareness Day LIFE IS SHORT CALENDAR 5 7 8 National Beverage National **National Lost Sock** + Sauvignon Blanc Give Cinco Memorial Day Day "You Only Die Once" Someone a de Mayo Publishing Day!! **Dying Matters Week** Cupcake Day **13** 14 Chicken National **National** Chocolate Dance Day

Memorial Day (US)

National Paper

Airplane Day

International Respect for **National** Chickens Day Paranormal Day 11 10 Eat What You Want Day 0.... Provider National **Appreciation Day** Mini-Golf Day **17** National Pizza Party Day Mother's Day Apple Pie Day Love a Tree Day Astronomy Day Chip Day 22 20 **\24** 19 23 25 National Buy a Musical International Be a Millionaire National Instrument Day Tea Day World Baking Day Scavenger Hunt World Turtle Day Wine Day Day Day Reflect back on this 31 26 30 month. Think of one R.I.P. moment that felt fun,



Hamburger

National Senior

Day

Health and Fitness

National

Creativity Day

special or meaningful.

happen?

How did you make that

What You Think

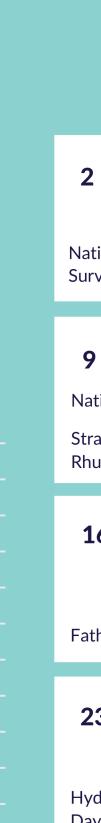
Upon Grows Day

JUN

LIFE IS SHORT CALENDAR

four thausand mandays

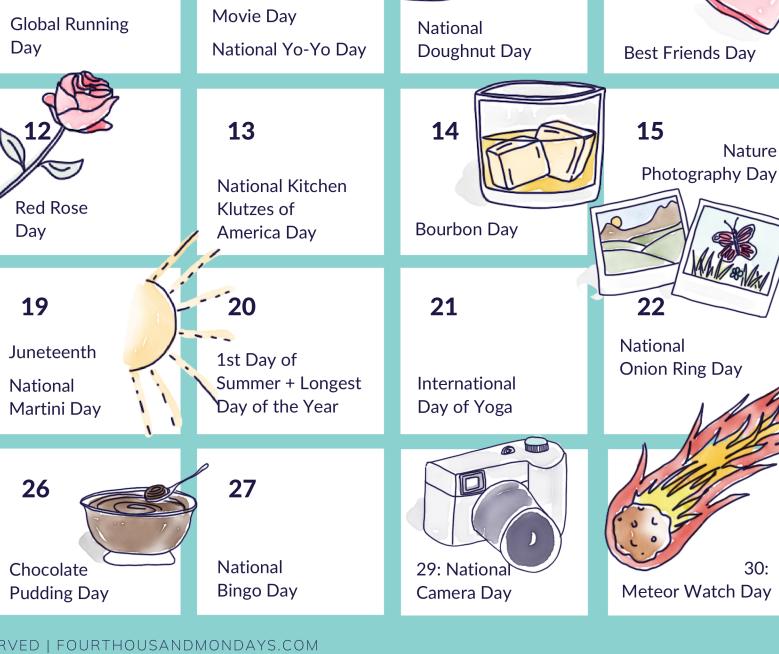












Welcome to your

months to be?

summer of 2024! There

one like this in your life. How do you want these

will never be another

National Drive-In

Say Something

Nature

Nice Day

Bubbly Day

National



08 3 AUG Ice Cream Sandwich Day National National World Beer Day Girlfriends Day Watermelon Day EMPLOYEE LIFE IS SHORT CALENDAR 7 10 1 ZILCH 6 8 W NADA D' NOTHIN **National National** Single Working **National Root** Work Lighthouse Pickleball Women's Day Beer Float Day Lazy Day Like a Dog Day Book Lover's Day Day Day GONE NAPPING! **15 13 17** 11 **12** 16 **National Roller** National Play in Coaster Day World Financial the National Elephant Awareness National I International Sand Day **Bratwurst Day** Lefthanders Da Day **Relaxation Day** Love My Feet Day Day 22 20 18 National National Angel Day 22 You Fajita Day World Ride the National **Chocolate Pecan National Senior** Wind Day Pinot Noir Day Waffle Day Humanitarian Day National Burger Day Pie Day Citizens Day SO SORRY 25 **27** 29 26 28 30 LETS MAKE OUT **Chop Suey Day** Individual National four thausand mandays Rights Day

Bowtie Day

Chop Suey Day

Appreciation Day

Thoughtful

Thursday

Toasted

Marshmallow Day

Eat

Outside Day

Kiss and

Make Up Day

2 3 7 SEP Labor Day Skyscraper Day Fight Procrastination National Feel the Day Love Day **World Letter National Live** National Eat an Extra **National** Fearless Day Writing Day **Hummingbird Day** Baby Back Ribs Day Read a Book Day **Dessert Day** Cheese Pizza Day LIFE IS SHORT CALENDAR 12 13 10-8 "I Want to **Positive Thinking** Start My National National 6 Day National Ampersand Encouragement **National** National Business" Day Swap Ideas Day Day **Teddy Bear Day** Day Doodle Day Live Creative Day **17** 20 **15** 16 18 21 National Respect National 1st Day of Fall Wife Appreciation Day CleanUp Day DAYS LEFT! Last 100 Days Day Red Velvet Cake National Talk **National** National Guacamole Online Learning Day Day Monte Cristo Day Day Like a Pirate Day 22 24 25 26 23 28 National Family **National Cooking** National Day National Day National **National Corned Punctuation Day National Better** Ghost Centenarian's Day Beef Hash Day World Dream Day Breakfast Day ;,.:" **Hunting Day** It's the start of a new





30

National **Punctuation Day** ;,.:"

season—another chance to start anew. What inspires you to add more vitality into your life this fall?

National Fruit at Work 5 COFFEE = LIFE 3 Day Global Smoothie National Do International Day Coffee Day Something Random Acts of Nice Day Poetry Day World Animal Day LIFE IS SHORT CALENDAR DOMODODD 8 10 **12** 11 000000000 National **National Pet** National National Plus Size **Coming Out** National Cake Gumbo Day National Obesity **National** Day **Appreciation Day** Awareness Day **Inner Beauty Day** Fluffernutter Day **Decorating Day** National 19 **17** 18 14 **15** 16 Train Your Brain Day National **Dessert Day National** National **Evaluate** Chocolate Wear Something Gaudy Day **Cheese Curd Day** Your Life Day Boss's Day Cupcake Day 20 25 26 23 National Bologna Day Make a International Sloth Difference Day Day National **World Statistics National Boston** National Reptile Sourest Pumpkin Day Cream Pie Day Day Day **National Nut Day** Day **27** 29 28 31 30 National Cat Day National Mentoring Day four thausand mandays Mother-in-Law National Plush Animal

Text Your Ex Day

Halloween

Day

Lover's Day

DIA DE LOS MUERTOS NOV World Vegan Day Day of the Dead LIFE IS SHORT CALENDAR 9 3 5 4 Daylight Hug a Bear Day Savings Time National World National Candy National **National Chinese** Cappuccino Day Nachos Day Freedom Day Takeout Day Day 11 12 14 **15** 10 National Pizza with Mickey Mouse's National the Works Except World Philanthropy Kindness Day Pickle Day Sesame Street Day **Anchovies Day** Birthday **Veterans Day** Day 20 23 **17** 18 Family Volunteer привет! National Day National Play Monopoly Day Go for a National World National **Absurdity** Ride Day Cashew Day Take a Hike Day Hello Day Princess Day Day 24 **25** 26 29 30 28 Celebrate Your National Anti-National **Unique Talent Day** four thausand mandays **Obesity Day** National "Eat with Tie One French National **Small Business** Sardines Day a Friend" Day **National Cake Day** Day of Listening On Day Toast Day Saturday

12 PROHIBITION SANTA'S LIST : 5 NICE DEC NAUGHTY YES, THIS IS A FRITTER. Santa's International Day Eat a National of Persons with List Prohibition National Red Apple Day Day Repeal Day Gazpacho Day Fritters Day Disabilities LIFE IS SHORT CALENDAR 11 **12** 9 13 **National** Holiday Food Drive Cream Cheese National **National** for the Needy Gingerbread **Frosting Day** Brownie Day Pastry Day Human Rights Day **Animals Day** House Day **15 17** 18 19 16 International Tea National National Day Chocolate Christmas **Oatmeal** Wear Your Pearls Covered National National Muffin Sweater Maple Syrup Day Crime Junkie Day Day Day **Anything Day** Day 22 24 23 26 27 GOTTA LOVE National Short Person Day THE National Egg "Kiss the Cook" National Thank You Cookie Exchange Festivus For Nog Day Day Note Day Visit the Zoo Day Day The Rest Of Us You're rounding the 29 31 30 bend of 2024! Still so

International Day

Bacon Day

of Persons with

Disabilities



You're bend of much the vit whate the year.

New Year's Eve

bend of 2024! Still so much time to stuff in the vitality, the rest... whatever you need. End the year on a high. 7

National

Cotton

Candy Day

14 International

1st Day of Winter

Card Playing Day

Shortest Day of

the Year

28

Monkey Day

It's the end of the year. So now what?



Hi there! I'm Jodi Wellman.

Come hang around with me at Four Thousand Mondays, where I talk all about how the Grim Reaper can inspire us to live lives that are wider (with vitality) and deeper (with meaning). It's kind of my life purpose.

I will probably publish a calendar next year, too, unless I die between now and then—so get yourself on my mailing list if you want to receive the next one. (This will happen if you visit www.fourthousandmondays.com and subscribe to my blog. Voila!)

Feel free to reach out with questions, comments, existential concerns, or doodling ideas to jodi@fourthousandmondays.com.

And here is where I urge you to get out there and live as though you've been warned you won't live forever. Let's live like we mean it!

